

Date: November 29 -30, 2021

SPRINT for UG – FMSLA 3rd Semester Students on Self Development

Agenda - e-SPRINT - 219, UGFMSLA 3rd Sem, Time : 10:00AM (Theme : Self Development) No of Students : 254							
Date & Time	10:00 - 10:30	10:30 - 11:30	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:30 - 17:30
11-29-2021	Welcome Address - Dr. Kesari	Expectation Setting- Fireside chat - Mr. Ajay Khanna	Creativity - Ms. Ashoo Khosla	Lunch	Session on Resilience - Ms. Payal Khanna	Time Management - Mr. Kapil Sharma	Team Activity
11-30-2021	Guided Meditation	(10:30 - 11:50) Nine Words - Dr. Kamal Kant	Resume Writing - Ms. Poonam Nanda		Group Discussions - Mr. Ajay Khanna	Agile businesses- The story of an industry leader- Ms. Tina Ahluwalia (Guru Talk)	Conclusion And Reflection

Skill Progression through Rapid Intensive and innovative Training UG FMSLA 3rd semester students from November 29 to 30, 2021. It was attended 197 students. The SPRINT started with welcoming the students by Dr. Kesari Singh.. Session started with Fireside chat with Mr. Ajay Khanna was highly appreciated by the students .The Session of Creativity in life was taken by Ms. Ashoo Khosla. Afternoon session on Resilience & Time Management was took by Ms. Payal Khanna & Mr. Kapil Sharma. After that some team activity was taken by SPRINT Team. November 30th, 2021 Morning started with online meditation taken by yoga department. A motivational session on nine words was taken by Dr. Kamal Kant. Ms. Poonam Nanda took a session on Resume writing. After that Guru talk with Ms. Tina Ahluwalia. The day concluded with a session on Group Discussion. The student teams participated with great energy and enthusiasm, and it was enjoyed by all.

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Student Participants:- 197

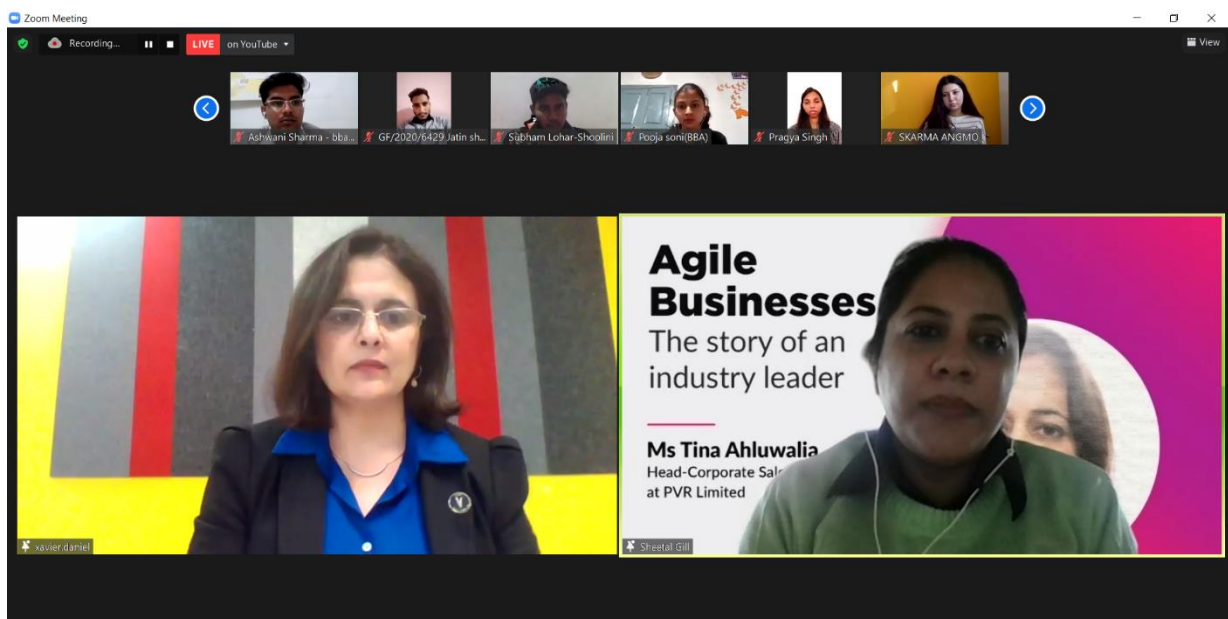
Organized -: SPRINT Team

Guest Speaker:-

- Ms. Tina Ahluwalia

Impact:-

- Updated resumes will in still a feeling of confidence in the students. With the approaching placements, they are expected to feel more in control
- Learn some tips to stay calm and stress free
- Improves thinking, listing and speaking skills



Session on the story of an industry leader – Ms. Tina Ahluwalia

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e-SPRINT-219 UGFMSLA 3rd Semester No. of Students- 197

Sr No.	Student Name	Registration Number	Batch
1	Arjun Singh	1971301079	BBA 2020-2023
2	Vansh	GF/2020/379	BBA 2020-2023
3	Shashank Gupta (TL)	GF/2020/654	BBA 2020-2023
4	Nipun Garg	GF/2020/523	BBA 2020-2023
5	Melagne Ange Aymard Tanguy	IN/2020/043	BBA 2020-2023
6	Aryan Chauhan	GF/2020/1834	BBA 2020-2023
7	Vasu Udgeet Pradhan	GF/2020/2862	BBA 2020-2023
8	Prashant Rana	GF/2020/2829	BBA 2020-2023
9	Anjali	GF/2020/2491	BBA 2020-2023
10	Aakarshit Dhillon	GF/2020/2257	BBA 2020-2023
11	Pratibha Kanwar	GF/2020/2226	BBA 2020-2023
12	nikesh kumar	GF/2020/2131	BBA 2020-2023
13	Tushar attri	GF/2020/2114	BBA 2020-2023
14	Prashant Bhardwaj	GF/2020/1744	BBA 2020-2023
15	Ritwik Kumar	GF/2020/1686	BBA 2020-2023
16	Aarush Verma	GF/2020/1675	BBA 2020-2023
17	Amit Thakur	GF/2020/1542	BBA 2020-2023
18	Ashish	GF/2020/1537	BBA 2020-2023
19	Ashwani Sharma	GF/2020/1481	BBA 2020-2023
20	Sagnik Paul	GF/2020/1466	BBA 2020-2023
21	Siddhant Mishra	GF/2020/1335	BBA 2020-2023
22	Manas	GF/2020/1313	BBA 2020-2023
23	Abhishek Dawan	GF/2020/909	BBA 2020-2023
24	Anubhav Roda	GF/2020/585	BBA 2020-2023
25	Aakansha Thakur (TL)	GF/2020/4076	BBA 2020-2023
26	Vanshika Mittal	GF/2020/3952	BBA 2020-2023
27	Ankit Sharma	GF/2020/3331	BBA 2020-2023
28	Umesh Narula	GF/2020/3974	BBA 2020-2023
29	Lavish Chauhan	GF/2020/3522	BBA 2020-2023
30	Mihsalan Truh	GF/2020/3223	BBA 2020-2023
31	Bhart Sharma	GF/2020/4193	BBA 2020-2023
32	Vibhore Attri	GF/2020/2432	BBA 2020-2023
33	Ashika	GF/2020/3493	BBA 2020-2023
34	Kusum Thakur	GF/2020/3897	BBA 2020-2023

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35	Rahul	GF/2020/3698	BBA 2020-2023
36	Prerna Bahuguna	GF/2020/3552	BBA 2020-2023
37	Vanshika Parmar	GF/2020/3348	BBA 2020-2023
38	Braham Sahni	GF/2020/3550	BBA 2020-2023
39	Ritesh thakur	GF/2020/3546	BBA 2020-2023
40	Pranshu	GF/2020/3354	BBA 2020-2023
41	Tenzin Kunsal	IN/2020/300	BBA 2020-2023
42	Subham Lohar	GF/2020/3449	BBA 2020-2023
43	Vibhav Dilta	GF/2020/4320	BBA Rural Management 2020-2023
44	Abhinav Tyagi	GF/2020/3804	BBA 2020-2023
45	Megha kashyap (TL)	GF/2020/3540	BBA 2020-2023
46	Shreya Tomar	GF/2020/4457	BBA 2020-2023
47	Mudit Singh Panwar	GF/2020/4304	BBA 2020-2023
48	Kasif Mumtaz	GF/2020/3787	BBA 2020-2023
49	Tai Sankio	GF/2020/4675	BBA 2020-2023
50	Sakshi Chauhan (TL)	GF/2020/4585	BBA 2020-2023
51	Bhaskar Sharma	GF/2020/4534	BBA 2020-2023
52	Arpit	GF/2020/2770	BBA 2020-2023
53	Keshav Bansal	GF/2020/4206	BBA 2020-2023
54	Raghav Verma	GF/2020/3663	BBA 2020-2023
55	Nishant Saini	GF/2020/3260	BBA 2020-2023
56	Hemant Walia	GF/2020/4959	BBA 2020-2023
57	Adhiraj Thakur	GF/2020/3280	BBA 2020-2023
58	Abhishek Chauhan	GF/2020/5194	BBA 2020-2023
59	Suryaansh	GF/2020/4863	BBA 2020-2023
60	Chinmay Kaushal	GF/2020/3417	BBA 2020-2023
61	Vishnu	GF/2020/5539	BBA Rural Management 2020-2023
62	Mannat Shyam	GF/2020/3542	BBA 2020-2023
63	Saiman Khalasta	GF/2020/5611	BBA 2020-2023
64	Abhishek Sharma	GF/2020/3312	BBA 2020-2023
65	Badal Bhardwaj	GF/2020/6054	BBA 2020-2023
66	Hrishav Manta	GF/2020/2892	BBA 2020-2023
67	Hardik Gautam (TL)	GF/2020/6316	BBA 2020-2023
68	Mansha Suri	GF/2020/6386	BBA 2020-2023
69	Kunal Raj	GF/2020/3020	BBA 2020-2023
70	Jatin	GF/2020/6429	BBA 2020-2023
71	Nitish Kumar	GF/2020/3017	BBA 2020-2023

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72	Ishita	GF/2020/6745	BBA 2020-2023
73	Pooja Soni	GF/2020/6716	BBA 2020-2023
74	Tushar Kokiloo	GF/2020/6638	BBA 2020-2023
75	Dikshant	GF/2020/6796	BBA 2020-2023
76	Abhay Gupta	GF/2020/6851	BBA 2020-2023
77	Shyam Singh	GF/2020/6517	BBA 2020-2023
78	Janvi Taneja	GF/2020/6979	BBA 2020-2023
79	Saurav mishra	GF/2020/1904	BBA 2020-2023
80	Dron Sharma	GF/2020/7107	BBA 2020-2023
81	Dheeraj Negi	GF/2020/4461	BBA 2020-2023
82	Divesh Dutt Sharma	GF/2020/7191	BBA 2020-2023
83	Yuvraj Singh	GF/2020/1324	BBA 2020-2023
84	Sachin	GF/2020/7164	BBA 2020-2023
85	Aman Gora	GF/2020/6543	BBA 2020-2023
86	Surya Shandilya	GF/2020/7333	BBA 2020-2023
87	Rithvik Meenia	GF/2020/7278	BBA 2020-2023
88	Manjeet Singh	GF/2020/7380	BBA 2020-2023
89	Sahil	GF/2020/7312	BBA 2020-2023
90	Pankaj Pal	GF/2020/7048	BBA 2020-2023
91	Ritik Bhawariya (TL)	GF/2020/7486	BBA 2020-2023
92	Ishit	GF20219861	BBA 2020-2023
93	Dhananjay Yadav	GF202111427	BBA 2020-2023
94	Rahul Rana	GF202111657	BBA 2020-2023
95	Prajjal Bhattacharjee	GF202113486	BBA 2020-2023
96	Rahul Chauhan	GF/2020/689	B Com (Hons) 2020-2023
97	Ashutosh Gupta	GF/2020/2578	B Com (Hons) 2020-2023
98	Sakshi Thakur	GF/2020/2338	B Com (Hons) 2020-2023
99	Harshita Arora	GF/2020/1219	B Com (Hons) 2020-2023
100	Palak Dhingra	GF/2020/1165	B Com (Hons) 2020-2023
101	Shivam Saklani	GF/2020/3048	B Com (Hons) 2020-2023
102	Trisha	GF/2020/3067	B Com (Hons) 2020-2023
103	Nimish Kumar	GF/2020/3295	B Com (Hons) 2020-2023
104	Abhay	GF/2020/3107	B Com (Hons) 2020-2023
105	sahil malik	GF/2020/2158	B Com (Hons) 2020-2023
106	Shraddha	GF/2020/3465	B Com (Hons) 2020-2023
107	Brijesh Madhwal	GF/2020/3055	B Com (Hons) 2020-2023
108	Rakshita	GF/2020/3942	B Com (Hons) 2020-2023
109	Ankit Malhotra (TL)	GF/2020/3481	B Com (Hons) 2020-2023

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110	Dhruv Gupta	GF/2020/3900	B Com (Hons) 2020-2023
111	Khushbu	GF/2020/3709	B Com (Hons) 2020-2023
112	Monika Bansal	GF/2020/2700	B Com (Hons) 2020-2023
113	Vaishali Jakhmola	GF/2020/4199	B Com (Hons) 2020-2023
114	Mahika Panwar	GF/2020/4188	B Com (Hons) 2020-2023
115	Nitish Kumar	GF/2020/3061	B Com (Hons) 2020-2023
116	Amaan Khan	GF/2020/4521	B Com (Hons) 2020-2023
117	Akhil Awasthi	GF/2020/3455	B Com (Hons) 2020-2023
118	Babita	GF/2020/4782	B Com (Hons) 2020-2023
119	Shayna (TL)	GF/2020/5122	B Com (Hons) 2020-2023
120	Neeketa Joshi	GF/2020/4978	B Com (Hons) 2020-2023
121	Amisha Rana	GF/2020/4528	B Com (Hons) 2020-2023
122	Arzoo	GF/2020/5282	B Com (Hons) 2020-2023
123	Aapi	GF/2020/5271	B Com (Hons) 2020-2023
124	Mehak	GF/2020/4338	B Com (Hons) 2020-2023
125	Zitra Khatkar	GF/2020/5465	B Com (Hons) 2020-2023
126	Anirudh Attri	GF/2020/5402	B Com (Hons) 2020-2023
127	Aditya Singh	GF/2020/4122	B Com (Hons) 2020-2023
128	Pallavi Thakur	GF/2020/5678	B Com (Hons) 2020-2023
129	Anika	GF/2020/5617	B Com (Hons) 2020-2023
130	Skarma Angmo	GF/2020/5831	B Com (Hons) 2020-2023
131	Neha Mittal	GF/2020/5951	B Com (Hons) 2020-2023
132	Anmol Rana	GF/2020/6334	B Com (Hons) 2020-2023
133	Khushboo Sood	GF/2020/3185	B Com (Hons) 2020-2023
134	Smarty Chandan	GF/2020/7076	B Com (Hons) 2020-2023
135	Prajwal Budhlan	GF/2020/4710	B Com (Hons) 2020-2023
136	Vishal Gupta	GF/2020/7350	B Com (Hons) 2020-2023
137	Shivam Kaushik (TL)	GF20217787	B Com (Hons) 2020-2023
138	Shourya Mandla	GF202112201	B Com (Hons) 2020-2023
139	Kalash Dhanta	GF/2020/618	BA (Hons) English 2020-2023
140	Shruti Sharma	GF/2020/2723	BA (Hons) English 2020-2023
141	Shivand Thakur	GF/2020/2638	BA (Hons) English 2020-2023
142	Santan	GF/2020/2431	BA (Hons) English 2020-2023
143	Riutika Srivastava	GF/2020/1605	BA (Hons) English 2020-2023
144	megha chattanta	GF/2020/3792	BA (Hons) English 2020-2023
145	Atharv Singh Negi	GF/2020/4326	BA (Hons) English 2020-2023
146	Kashish Verma	GF/2020/2987	BA (Hons) English 2020-2023
147	Madhav Bhagnal	GF/2020/4560	BA (Hons) English 2020-2023

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148	Ankita	GF/2020/5313	BA (Hons) English 2020-2023
149	Tana Zermy	GF/2020/5249	BA (Hons) English 2020-2023
150	Anish Rana	GF/2020/5557	BA (Hons) English 2020-2023
151	Pratham (TL)	GF/2020/5655	BA (Hons) English 2020-2023
152	Pacha Nampe	GF/2020/6621	BA (Hons) English 2020-2023
153	Abhishek Balsam	GF/2020/7422	BA (Hons) English 2020-2023
154	Rajat	GF/2020/7447	BA Pass 2020-2023
155	Babita Sharma	GF/2020/4119	BA Pass 2020-2023
156	Pranav Sharma	GF/2020/3574	BA Pass 2020-2023
157	Youvan kapila	GF/2020/3689	BA Pass 2020-2023
158	Palbi Kohal	GF/2020/4783	BA Pass 2020-2023
159	Dolly Thakur	GF/2020/5398	BA Pass 2020-2023
160	Tanvi	GF/2020/5390	BA Pass 2020-2023
161	Dechen Angmo	GF/2020/5347	BA Pass 2020-2023
162	Navjot Sarna	GF/2020/5727	BA Pass 2020-2023
163	Aman Sharma	GF/2020/4545	BA Pass 2020-2023
164	Mohit Verma (TL)	GF/2020/5849	BA Pass 2020-2023
165	Tashi Dolkar	GF/2020/5827	BA Pass 2020-2023
166	Aman Sharma	GF/2020/6235	BA Pass 2020-2023
167	Prince Kanwar	GF/2020/6234	BA Pass 2020-2023
168	Srishti Thakur	GF/2020/6268	BA Pass 2020-2023
169	Vidhi	GF/2020/6511	BA Pass 2020-2023
170	Karan	GF/2020/4577	BA Pass 2020-2023
171	Bhavpreet Singh	GF/2020/7023	BA Pass 2020-2023
172	Pragya Singh	GF/2020/607	BA Journalism and Mass Communication 2020-2023
173	Hritik Sharma	GF/2020/3149	BA Journalism and Mass Communication 2020-2023
174	Dakshita (TL)	GF/2020/2737	BA Journalism and Mass Communication 2020-2023
175	Om Kumar Jha	GF/2020/1908	BA Journalism and Mass Communication 2020-2023
176	Shubh rana	GF/2020/1733	BA Journalism and Mass Communication 2020-2023
177	Rijul Kumar Rana	GF/2020/1532	BA Journalism and Mass Communication 2020-2023
178	Soumili seal	GF/2020/1116	BA Journalism and Mass Communication 2020-2023
179	vaidehi garg	GF/2020/1054	BA Journalism and Mass Communication 2020-2023

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180	Parupalli Gayathri	GF/2020/744	BA Journalism and Mass Communication 2020-2023
181	saket saurabh	GF/2020/554	BA Journalism and Mass Communication 2020-2023
182	Durtiman Sonowal	GF/2020/317	BA Journalism and Mass Communication 2020-2023
183	Simran Chauhan	GF/2020/3507	BA Journalism and Mass Communication 2020-2023
184	Shreya Joshi	GF/2020/3047	BA Journalism and Mass Communication 2020-2023
185	Tarushi Arora	GF/2020/3435	BA Journalism and Mass Communication 2020-2023
186	Aditee Kukreti	GF/2020/613	BA Journalism and Mass Communication 2020-2023
187	Nandini	GF/2020/4088	BA Journalism and Mass Communication 2020-2023
188	Harsh	GF/2020/3962	BA Journalism and Mass Communication 2020-2023
189	Shriya Dhar	GF/2020/4030	BA Journalism and Mass Communication 2020-2023
190	Kanupriya Sharma	GF/2020/3399	BA Journalism and Mass Communication 2020-2023
191	Shagun	GF/2020/4186	BA Journalism and Mass Communication 2020-2023
192	Manan Monga	GF/2020/4992	BA Journalism and Mass Communication 2020-2023
193	Rohit Uttam	GF/2020/5356	BA Journalism and Mass Communication 2020-2023
194	Tushar Sharma	GF/2020/5517	BA Journalism and Mass Communication 2020-2023
195	Siwani Kumari	GF/2020/6331	BA Journalism and Mass Communication 2020-2023
196	Khushi Goswami (TL)	GF/2020/7289	BA Journalism and Mass Communication 2020-2023
197	Sudhanshu	GF/2020/7268	BA Journalism and Mass Communication 2020-2023

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