

Date: September 17 – 18, 2021

SPRINT for UG –FMSLA 5th Semester on Writing Skills

| Agenda - SPRINT - 211, UG-FMSLA 5th Semester, Reporting Time : 9:30AM | | | | | | |
|---|---|--|---|------------------|--------------------------------|------------------------------------|
| Date & Time | 09:30-10:00 | 10:00-11:00 | 11:30-12:30 | 12:30-13:00 | 14:00-15:15 | 15:15-17:15 |
| 17-09-2021 | <ul style="list-style-type: none"> Welcome & Address Lamp Lighting- Principal Ms. Masooma Singha (MRA DAV School) & Ms Kesari | Expectation Setting- Fireside chat - Mr. Ajay Khanna | Workplace Etiquette & Manners- Ms. Sheetal Gill | ELECTIVE / LUNCH | Email Writing - Ms. Sonu Singh | Image Enhancement - Ms. Sonu Singh |
| 18-09-2021 | Guided Meditation - Ms. Deepshikha Thakur | Networking - Ms. Sushma Banthia | Resume Writing - Ms. Poonam Nanda | | Group Discussion | Personal Interviews |

SPRINT 211 was held from 17th to 18th September 2021 for UG – FMSLA 5th semester students. SPRINT was started with the welcome of Ms. Masooma Singha and Ms. Kesari and lamp lighting. This 2 days SPRINT program was attended by 171 students. The objective of this SPRINT was to teach students how to create and value Email & resume writing. Session started with fair chat with Mr. Ajay Khanna and session on etiquette manners by MS. Sheetal Gill for students. Afternoon session on **Email writing & Image Enhancement with Ms. Sonu Singh** Next day session started with online meditation and session on Networking took by our guest faculty Ms. Sushma Banthia. Ms. Poonam Nanda took a session on Resume writing The SPRINT ended with a Group discussion & Personal Interview. The students thoroughly enjoyed the SPRINT program which was filled with learning and fun.

Student Participants-: 171

Organized -: SPRINT Team

Guest Speaker-:

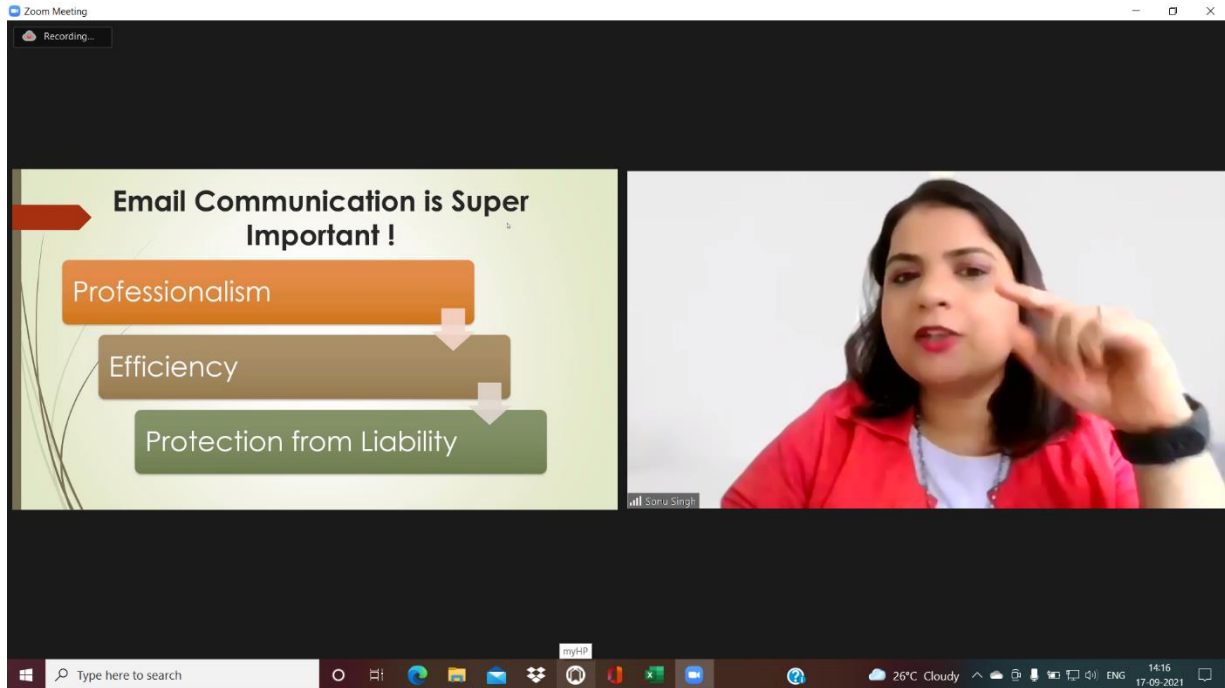
- Ms. Masooma Singha.
- Ms. Sushma Banthia
- Ms. Sonu Singh

For Director SPRINT



Impact:-

- Importance of Email Writing
- Improving the writing , communication skills
- improve the interpretability or perception of information in images for human viewers

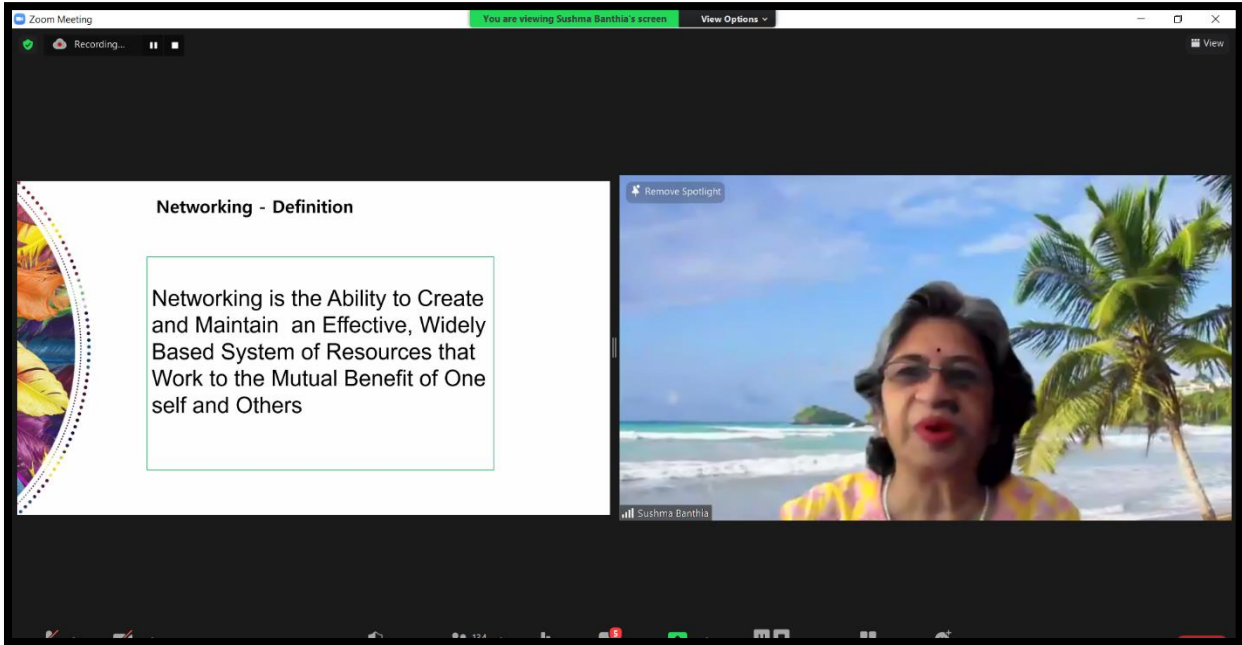


The screenshot shows a Zoom meeting window. On the left, a presentation slide titled "Email Communication is Super Important !" is displayed. The slide features three stacked boxes with arrows pointing downwards: "Professionalism" (orange), "Efficiency" (brown), and "Protection from Liability" (green). On the right, a video feed shows Ms. Sonu Singh, a woman with dark hair wearing a red jacket, pointing her right index finger towards the camera. The Zoom interface includes a "Recording..." indicator at the top left and a Windows taskbar at the bottom with various application icons and system information like "26°C Cloudy" and "14:16 17-09-2021".

Session on Email Writing - Ms. Sonu Singh

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The image is a screenshot of a Zoom meeting. At the top, the window title is "Zoom Meeting" and a green status bar says "You are viewing Sushma Banthia's screen". The main content is split into two parts. On the left is a presentation slide titled "Networking - Definition". The slide text reads: "Networking is the Ability to Create and Maintain an Effective, Widely Based System of Resources that Work to the Mutual Benefit of One self and Others". On the right is a video feed of a woman, Ms. Sushma Banthia, speaking. She is wearing glasses and a yellow and pink patterned top. The background of her video is a tropical beach with palm trees and a blue sky. A "Remove Spotlight" button is visible in the top left corner of the video feed. At the bottom of the Zoom window, there are various control icons and a system tray.

Session on Networking - Ms. Sushma Banthia

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| e-SPRINT-211 : UGFMSLA 5th Semester No. of Students- 171 | | | |
|---|----------------------|------------------------|----------------------|
| Sr. No. | Student Name | Registration No | Batch |
| 1 | Pragyanidhi | 1971307001 | B Sc Yoga 2019-2022 |
| 2 | Muskaan Maurya | 1971307002 | B Sc Yoga 2019-2022 |
| 3 | Vatsalya Vishwakarma | 1971307003 | B Sc Yoga 2019-2022 |
| 4 | Dhriti Mehta | 1971307007 | B Sc Yoga 2019-2022 |
| 5 | Nitika | 1971307008 | B Sc Yoga 2019-2022 |
| 6 | Radhika Kumari | 1971307009 | B Sc Yoga 2019-2022 |
| 7 | Kritika Gusain | 1971307011 | B Sc Yoga 2019-2022 |
| 8 | Rachna Kumari | 1971307012 | B Sc Yoga 2019-2022 |
| 9 | Shivam Sharma (TL) | 1971307013 | B Sc Yoga 2019-2022 |
| 10 | Swati Sharma | 1971307014 | B Sc Yoga 2019-2022 |
| 11 | Aliza Verma | 1971307015 | B Sc Yoga 2019-2022 |
| 12 | Amisha Rawat | 1971307016 | B Sc Yoga 2019-2022 |
| 13 | Deepika | 1971307017 | B Sc Yoga 2019-2022 |
| 14 | Rajat Sharma | 1971307018 | B Sc Yoga 2019-2022 |
| 15 | Akanksha Kumari | 1971307019 | B Sc Yoga 2019-2022 |
| 16 | Deepak Sharma | 1971307020 | B Sc Yoga 2019-2022 |
| 17 | Pulkit Sharma | 1971307021 | B Sc Yoga 2019-2022 |
| 18 | Akash | 1971307022 | B Sc Yoga 2019-2022 |
| 19 | Manmeet Khaiwal | 1971307024 | B Sc Yoga 2019-2022 |
| 20 | Shaurya Joshi (TL) | 1971307025 | B Sc Yoga 2019-2022 |
| 21 | Prapti Mehta | 1971307026 | B Sc Yoga 2019-2022 |
| 22 | Manthan Pundir | 1971307027 | B Sc Yoga 2019-2022 |
| 23 | Vishal Chouhan | 1971307028 | B Sc Yoga 2019-2022 |
| 24 | Suraj Nautiyal | 1854302055 | BA English 2019-2022 |
| 25 | Anshu Verma | 1971302003 | BA English 2019-2022 |
| 26 | Sakshi Wadhwa | 1971302004 | BA English 2019-2022 |
| 27 | Mehak Chauhan | 1971302005 | BA English 2019-2022 |
| 28 | Aakriti Sharma | 1971302007 | BA English 2019-2022 |
| 29 | Snehanjali Panicker | 1951302001 | BA English 2019-2022 |

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|----|----------------------|------------|--|
| 30 | Akansha Srivastava | 1971302008 | BA English 2019-2022 |
| 31 | Rsvika Tripathi | 1971302010 | BA English 2019-2022 |
| 32 | Bindiya Pathania | 1937301008 | BA English 2019-2022 |
| 33 | Vaishali Thakur (TL) | 1971302011 | BA English 2019-2022 |
| 34 | Garima Faujdar | 1971302013 | BA English 2019-2022 |
| 35 | Arti Gachhan | 1971302014 | BA English 2019-2022 |
| 36 | Vishal Kumar | 1971302015 | BA English 2019-2022 |
| 37 | Kulwinder | 1971302017 | BA English 2019-2022 |
| 38 | Abhay Sood | 1971304001 | BA Journalism and Mass Communication 2019-2022 |
| 39 | Sparsh Patial | 1971304002 | BA Journalism and Mass Communication 2019-2022 |
| 40 | Arzoo Sharma | 1971304003 | BA Journalism and Mass Communication 2019-2022 |
| 41 | Rahul Malhotra (TL) | 1971304004 | BA Journalism and Mass Communication 2019-2022 |
| 42 | Ritul Kaundal | 1971301011 | BA Journalism and Mass Communication 2019-2022 |
| 43 | Nikita | 1971304005 | BA Journalism and Mass Communication 2019-2022 |
| 44 | Dipesh Chauhan | 1971301018 | BA Journalism and Mass Communication 2019-2022 |
| 45 | Aayushi Sharma | 1971304007 | BA Journalism and Mass Communication 2019-2022 |
| 46 | Anoushka Jain | 1971304008 | BA Journalism and Mass Communication 2019-2022 |
| 47 | Gaurav Duharia | 1971304009 | BA Journalism and Mass Communication 2019-2022 |
| 48 | Mansi Bhatia | 1971304010 | BA Journalism and Mass Communication 2019-2022 |
| 49 | Ankita | 1971304011 | BA Journalism and Mass Communication 2019-2022 |
| 50 | Maninder Singh | 1971304012 | BA Journalism and Mass Communication 2019-2022 |
| 51 | Aarushi Mishra | 1971304013 | BA Journalism and Mass Communication 2019-2022 |
| 52 | Yash Chandra | 1971304014 | BA Journalism and Mass Communication 2019-2022 |
| 53 | Rishabh Negi | 1971304015 | BA Journalism and Mass Communication 2019-2022 |
| 54 | Alisha Garg (TL) | 1971304016 | BA Journalism and Mass Communication 2019-2022 |

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|----|----------------------|------------|--|
| 55 | Aastha Parmar | 1971304017 | BA Journalism and Mass Communication 2019-2022 |
| 56 | Vanshika Nagar | 1971304018 | BA Journalism and Mass Communication 2019-2022 |
| 57 | Aditi Anne Khalkho | 1971304019 | BA Journalism and Mass Communication 2019-2022 |
| 58 | Dhiraj Kumar | 1971304020 | BA Journalism and Mass Communication 2019-2022 |
| 59 | Pankaj | 1971304021 | BA Journalism and Mass Communication 2019-2022 |
| 60 | Manish Raj Malik | 1971304022 | BA Journalism and Mass Communication 2019-2022 |
| 61 | Ashutosh | 1971304023 | BA Journalism and Mass Communication 2019-2022 |
| 62 | Tanuj Kumar | 1971304024 | BA Journalism and Mass Communication 2019-2022 |
| 63 | Bhavna | 1971304025 | BA Journalism and Mass Communication 2019-2022 |
| 64 | Ranjeet Yadav | 1971304026 | BA Journalism and Mass Communication 2019-2022 |
| 65 | Priyasi Parmar | 1971304027 | BA Journalism and Mass Communication 2019-2022 |
| 66 | Bhavya | 1871301059 | BBA 2019-2022 |
| 67 | Aakanksha Thakur | 1971301005 | BBA 2019-2022 |
| 68 | Shubham Shonkhlay | 1971301006 | BBA 2019-2022 |
| 69 | Shiv Garg | 1971301010 | BBA 2019-2022 |
| 70 | Prajwal Chauhan (TL) | 1971301012 | BBA 2019-2022 |
| 71 | Saheel Raj | 1971301013 | BBA 2019-2022 |
| 72 | Swati Gupta | 1971301014 | BBA 2019-2022 |
| 73 | Amit Kumar Jaishal | 1971301015 | BBA 2019-2022 |
| 74 | Muskan Negi | 1971301019 | BBA 2019-2022 |
| 75 | Gaurav Kashyap | 1971301020 | BBA 2019-2022 |
| 76 | Manish Thakur | 1971301021 | BBA 2019-2022 |
| 77 | Abhiraj Ranjan | 1971301022 | BBA 2019-2022 |
| 78 | Shriya Mahajan | 1971305017 | BBA 2019-2022 |
| 79 | Aakash Goyal | 1971301023 | BBA 2019-2022 |
| 80 | Sahil Thakur | 1971301024 | BBA 2019-2022 |
| 81 | Hiteshi | 1971301025 | BBA 2019-2022 |
| 82 | Rikhta Yuvraj | 1971301026 | BBA 2019-2022 |

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|-----|--------------------|------------|---------------|
| 83 | Rohit Gautam | 1971301028 | BBA 2019-2022 |
| 84 | Prashant Negi | 1971301029 | BBA 2019-2022 |
| 85 | Rakshit Kumar | 1971301030 | BBA 2019-2022 |
| 86 | Diksha (TL) | 1971301032 | BBA 2019-2022 |
| 87 | Rajan Vaid | 1971301033 | BBA 2019-2022 |
| 88 | Kartik Chauhan | 1971301034 | BBA 2019-2022 |
| 89 | Ranjeet Mishra | 1971301035 | BBA 2019-2022 |
| 90 | Mimoh | 1971301036 | BBA 2019-2022 |
| 91 | Krishang Sharma | 1971301037 | BBA 2019-2022 |
| 92 | Prince Sharma | 1971301039 | BBA 2019-2022 |
| 93 | Ashish Yadav | 1971301040 | BBA 2019-2022 |
| 94 | Deepak Verma | 1971301041 | BBA 2019-2022 |
| 95 | Aditya Devpriya | 1971301042 | BBA 2019-2022 |
| 96 | Yasser Nawabi | 1971301044 | BBA 2019-2022 |
| 97 | Lovish | 1971301046 | BBA 2019-2022 |
| 98 | Saif Akhtar | 1971301047 | BBA 2019-2022 |
| 99 | Ajay Verma | 1971301052 | BBA 2019-2022 |
| 100 | Vicky | 1971301053 | BBA 2019-2022 |
| 101 | Vaibhav Rajput | 1971301054 | BBA 2019-2022 |
| 102 | Nishita | 1971301055 | BBA 2019-2022 |
| 103 | Vibhuti Mehta (TL) | 1971301056 | BBA 2019-2022 |
| 104 | Shubham | 1971301057 | BBA 2019-2022 |
| 105 | Pankaj | 1971301058 | BBA 2019-2022 |
| 106 | Deepak Kumar | 1971301059 | BBA 2019-2022 |
| 107 | Saksham Kashyap | 1971301061 | BBA 2019-2022 |
| 108 | Anshul Sharma | 1971301062 | BBA 2019-2022 |
| 109 | Abhishek Chauhan | 1971306028 | BBA 2019-2022 |
| 110 | Ishit Chauhan | 1971301063 | BBA 2019-2022 |
| 111 | Yash | 1971301065 | BBA 2019-2022 |
| 112 | Shubham | 1971301068 | BBA 2019-2022 |
| 113 | Pankaj Paul | 1971301069 | BBA 2019-2022 |

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|-----|---------------------|--------------|-----------------|
| 114 | Anchal | 1971301070 | BBA 2019-2022 |
| 115 | Vivek Kanwar | 1971301071 | BBA 2019-2022 |
| 116 | Budhi Sambyo | 1971301072 | BBA 2019-2022 |
| 117 | Mohit Sharma | 1971301073 | BBA 2019-2022 |
| 118 | Abhishek | 1971301074 | BBA 2019-2022 |
| 119 | Vince Paul | 1971301076 | BBA 2019-2022 |
| 120 | Kashish (TL) | 1971301077 | BBA 2019-2022 |
| 121 | Raghav Singh | 1971301080 | BBA 2019-2022 |
| 122 | Divesh Sharma | 1971301081 | BBA 2019-2022 |
| 123 | Srishti Maggon | GF/2020/4464 | BBA 2019-2022 |
| 124 | Siya Sharma | 1971305001 | B Com 2019-2022 |
| 125 | Akshit Bhatia | 1971305003 | B Com 2019-2022 |
| 126 | Mamta Chauhan | 1971305004 | B Com 2019-2022 |
| 127 | Shivam Kumar | 1971305005 | B Com 2019-2022 |
| 128 | Karina Chauhan | 1971305006 | B Com 2019-2022 |
| 129 | Sunali | 1971305007 | B Com 2019-2022 |
| 130 | Preeti Kanwar | 1971305009 | B Com 2019-2022 |
| 131 | Sourav | 1971305010 | B Com 2019-2022 |
| 132 | Robel Dawit (TL) | 1971305011 | B Com 2019-2022 |
| 133 | Aman Bachhal | 1971305012 | B Com 2019-2022 |
| 134 | Muskan Verma | 1971305013 | B Com 2019-2022 |
| 135 | Jatin Sharma | 1971305016 | B Com 2019-2022 |
| 136 | Anchal Mehra | 1971305018 | B Com 2019-2022 |
| 137 | Pragya Sood | 1971305019 | B Com 2019-2022 |
| 138 | Ravi Mehra | 1971305021 | B Com 2019-2022 |
| 139 | Yugal Kishor Panwar | 1971305058 | B Com 2019-2022 |
| 140 | Shruti Chauhan | 1971305023 | B Com 2019-2022 |
| 141 | Ambika Thakur | 1971305024 | B Com 2019-2022 |
| 142 | Simran Jaggi | 1971305025 | B Com 2019-2022 |
| 143 | Diksha | 1971305026 | B Com 2019-2022 |
| 144 | Vishal Nichal | 1971305027 | |

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|-----|--------------------|------------|-------------------------------|
| 145 | Aashina Shaw (TL) | 1971305028 | B Com 2019-2022 |
| 146 | Isha Thapa | 1971305029 | B Com 2019-2022 |
| 147 | Ankur Sharma | 1971305030 | B Com 2019-2022 |
| 148 | Jatin Kapoor | 1971305031 | B Com 2019-2022 |
| 149 | Shivam Verma | 1971305032 | B Com 2019-2022 |
| 150 | Simran Raghuvanshi | 1971305033 | B Com 2019-2022 |
| 151 | Manik Sharma | 1971305034 | B Com 2019-2022 |
| 152 | Surenika Premi | 1971305035 | B Com 2019-2022 |
| 153 | Kartik | 1971305036 | B Com 2019-2022 |
| 154 | Amit Singh Verma | 1971305037 | B Com 2019-2022 |
| 155 | Robel Tesfaye | 1971305059 | B Com 2019-2022 |
| 156 | Abhishek Bedi | 1971305038 | B Com 2019-2022 |
| 157 | Yashvi Thakur | 1971305040 | B Com 2019-2022 |
| 158 | Divyanshi Anand | 1971305041 | B Com 2019-2022 |
| 159 | Anshul Gautam | 1971305043 | B Com 2019-2022 |
| 160 | Prajwal Sharma | 1971305045 | B Com 2019-2022 |
| 161 | Manish Negi | 1971305046 | B Com 2019-2022 |
| 162 | Achal | 1971305048 | B Com 2019-2022 |
| 163 | Mohit Rana (TL) | 1971305049 | B Com 2019-2022 |
| 164 | Jitesh Garg | 1971305050 | B Com 2019-2022 |
| 165 | Phassang Kamchi | 1971305051 | B Com 2019-2022 |
| 166 | Pallvi Gheshta | 1971305052 | B Com 2019-2022 |
| 167 | Ajeet Pundir | 1971305053 | B Com 2019-2022 |
| 168 | Prikshit Burfaik | 1971305054 | B Com 2019-2022 |
| 169 | Monika Semwal | 1971305055 | B Com 2019-2022 |
| 170 | Yogesh Kumar | 1971305056 | B Com 2019-2022 |
| 171 | Shagun | 1871305026 | B Com 2019-2022 Lateral enter |

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