

Date: 13-14 June, 2023

Presentation on effective communication and equity and equality for the Transgender Community for - MSc Physics R, Botant R, Zoology R, Chemistry R, Yoga, MAJMC, Maths- 2nd Semester

SPRINT -277 MSc Physics /Chemistry /Botany /Zoology /MAJMC/Yoga/ Maths 2nd Semester Theme - Presentation Skills								
Date & Time	09:25 - 09:45	09:45 - 10:00	10:00- 11:00	11:00-12:30	12:30 - 14:20	14:30 15:30	15:30 - 15:45	15:45 - 17:15
13-06-2023	Attendance	Welcome Address - Dr Kesari	Ice Breaking - Mr. Vikas Minj	Session on Self awareness - Presenting your own self- Ms. Poonam Nanda	Minors/ Lunch	Awareness Session on equity and equality for the Transgender Community - Mx Dhananjay	Break	Session on Effective Business Communication - Ms. Meenakshi
14-062023	Attendance	Guided Meditation	Session on Professional Grooming - Mr. Pratip Mazumdar	Session on Art of Presentation & Articulation- Mr. Suraj Kanwar	Minors/ Lunch	Team Presentation	Break	Fun Activity & Closure

SPRINT was conducted for the 60 students of MSc Physics R, Botant R, Zoology R, Chemistry R, Yoga, MAJMC, Maths-2nd Semester, on Presentation Skills from 13-14th of June 2023. The program aimed to equip participants with essential skills for effective communication and impactful self-presentation.

The program commenced with the meticulous recording of attendance, officially inaugurating a transformative learning experience. Dr. Kesari, an esteemed faculty member, delivered a welcome address that set the tone for the insightful sessions that followed. An engaging Ice Breaking Activity, conducted by Mr. Vikas Minj, effectively encouraged student interaction, creating a dynamic and engaging atmosphere among participants. Ms. Poonam Nanda's session on "Self-Awareness: Presenting Your Own Self" provided students with valuable insights into

effective self-presentation, a cornerstone skill in the realm of presentation. Mx Dhananjay conducted an "Awareness Session on Equity and Equality for the Transgender Community," fostering meaningful dialogue and promoting inclusivity and awareness. Ms. Meenakshi's session on "Effective Business Communication" equipped participants with vital skills to communicate ideas clearly and persuasively in a professional context.

Day two began with diligent attendance recording, followed by insightful sessions geared toward refining presentation skills. Guided Meditation facilitated a centered and focused start to the day, fostering mindfulness and mental clarity among participants. Mr. Pratip Mazumdar's session on "Professional Grooming" imparted skills to navigate professional environments with confidence and poise. Mr. Suraj Kanwar's session on the "Art of Presentation & Articulation" delved into effective presentation delivery and communication, enhancing participants' skills in these areas. A Team Presentation activity provided participants with the platform to showcase their collaborative and presentation abilities, fostering teamwork and creativity. The program concluded with a Fun Activity, providing a relaxed and engaging closure to the training experience.

Student Participation: 56

Organised By: SPRINT Team

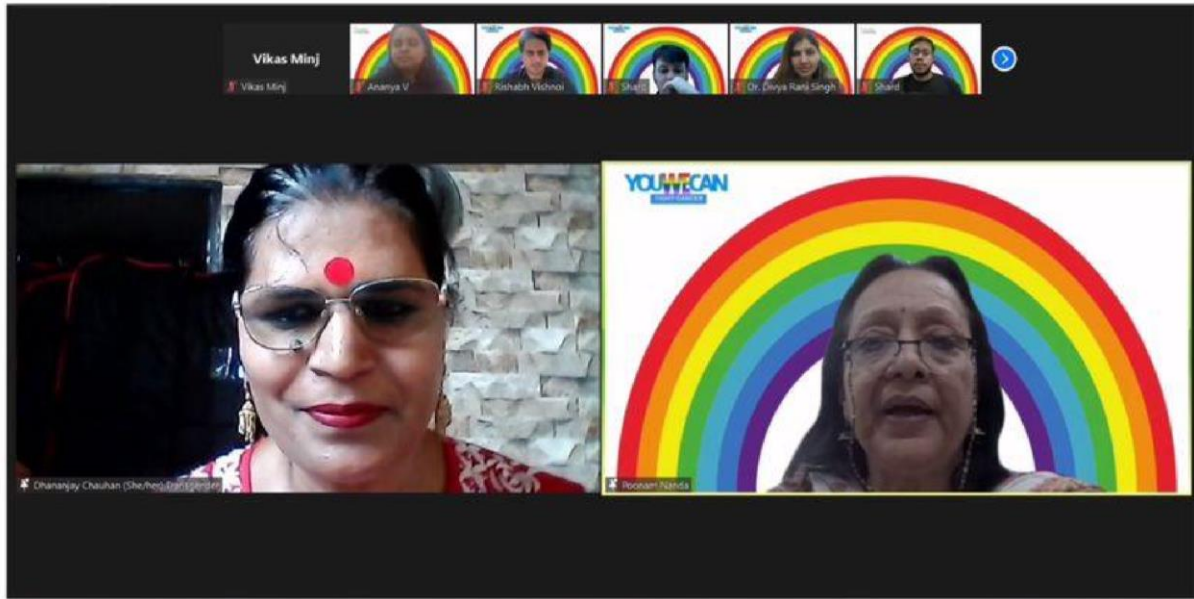
Guest Speaker: Mx Dhananjay (Transgender/LGBIQ Activist and President at saksham_prakriti_welfare)

Impact:

- Enhance their self-awareness and self-presentation skills.
- Promote awareness, equity, and equality for marginalized communities.
- Cultivate effective business communication skills.
- Navigate professional environments with confidence and professionalism.
- Hone presentation and articulation skills for impactful communication.

Exhibit teamwork, creativity, and presentation skills in a collaborative setting

Some Glimpses of the SPRINT Program



Awareness Session on equity and equality for the Transgender Community - Mx Dhananjay

Attendance sheet for - MSc Physics R, Botant R, Zoology R, Chemistry R, Yoga, MAJMC, Maths- 2nd Semester Number of Students = 56		
S.no.	Student Name	Registration Number
1	AARSHI RAI	PGD20225548
2	Aman Bhardwaj	PGD20225892
3	Charumathi	PGD20225517
4	Sanvi Sood	PGD20225906
5	Kavita Chandel	PGD20226109
6	Mitali thakur	PGD20226095
7	PriyaDarshni	PGD20226339
8	Anchal Panwar	PGD20226544
9	Sumeexa Dhiman	PGD20226431
10	Prapti Mehta	PGD20226440
11	Aliza Verma	PGD20226439
12	Rachna kumari	PGD20226433
13	Radhika Kumari	PGD20226437
14	Swati	PGD20226452
15	Deepak Shandil	PGD20226846
16	Vaishali	PGD20227000
17	Payal Rana	PGD20225941
18	Mahima Verma	PGD20226227

19	Shivam Sharma	PGD20226899
20	Ajay kumar	PGD20226814
21	Anjela Pandey	PGD20226720
22	Amit Kaundal	PGD20227065
23	Kusum Panwar	PGD20227102
24	Jagadis Prasad Nayak	PGD20227282
25	Swarupamayee nayak	PGD20227289
26	Suman	PGD20226341
27	Takshika raj	PGD20226519
28	Priya Verma	PGD20227407
29	Ruokuongunuo sanchu	PGD20227547
30	Shivam	PGD20226450
31	Rajat thakur	PGD20227480
32	Yogeshwar Dutt Sharma	PGD20227425
33	Sahil Thakur	PGD20227417
34	Nishan Shandil	PGD20227573
35	Shivanjli Rana	PGD20227628
36	Anshika Bhardwaj	PGD20227388
37	Raktima Goswami	PGD20227622
38	Tanishaq Thakur	PGD20227676
39	DIMPLE KUMARI	PGD20227618
40	Aaryan Panwar	PGD20227724
41	Tanisha Sharma	PGD20227693
42	Bindu Sharma	PGD20227786
43	Ankit Kumar	PGD20227742
44	Ashish Kumar	PGD20227857
45	Vikram Thakur	PGD20227543
46	Mannat Tanwar	PGD20227608
47	karan Kalsi	PGD20227895
48	Abhay Sharma	PGD20227983
49	Charul Joshi	PGD20225992
50	Ruchi	PGD20228097
51	Pankaj	PGD20228080
52	Sahil Sharma	PGD20228155
53	Sidhant Thakur	PGD20228188
54	Taniya Acherjee	PGD20228229
55	Pragati Upadhyay	PGD20225695
56	Anchal Sharma	PGD20228205