

Date: March 4 - 5, 2020

Session on Confidence Building for B. Tech 4th semester

Agenda - SPRINT – 181 (B. Tech 4th Semester) Core Engineering Venue RTH					
Date / Time	09:30 - 11:00	11:00 -12:15	12:15-14:15	14:15 -15:30	15:30-17:00
4-3-2020	<ul style="list-style-type: none"> Attendance Team Formation Activity - SPRINT Team 	Workshop on Confidence Building – Ms. Rajni Julka	Elective / Lunch	Workshop on Confidence Building – Ms. Rajni Julka Continue	
5-3-2020	Session on Assertive Skills – Ms. Poonam Nanda	Session on My Life Story - Guest Faculty Mr. Rohit Rahi	Elective / Lunch	Session on Happiness – Mr. Manav Bansal	Outdoor activity & closure

A SPRINT was conducted for B.Tech 4th Semester Core Engineering Students from March 4th to 5th 2020. The theme of this program Confidence Building. The session started with team formation & activities - SPRINT team .Mrs. Rajni Julka took a workshop how to boost our confidence levels. Mrs. Poonam Nanda took a session on assertive skills. The guest Faculty Mr. Rohit Rahi shared his life experience and journey as a patient of muscular dystrophy. Mr. Manav Bansal took a session on Happiness .He encouraged students to find happiness in small things of life.The SPRINT ended with an outdoor activity which was greatly enjoyed - everyone.A total number of 127 students were involved in it and was a very successful one. It was highly appreciated - the students

Student Participation-: 127

Organized -: Dean Student Welfare (SPRINT Team)

Guest Speaker-: Ms. Rajni Julka (Motivational Speaker)

Impact-:

- Understand the difference between being Aggressive and assertive
- Develop an Attitude of Gratitude
- Learn to have fun in life
- Discover your inner strengths

Some Glimpses of the SPRINT Program



Ms. Rajni Julka explains the meaning of Self-discovery

B. Tech 4 th semester		
Sr. No	Name of Student	Course
1	Shashi pal	B Tech Civil Engineering
2	Ritik Gill	B Tech Civil Engineering

3	Susheel	B Tech Civil Engineering
4	Pranav Sharma	B Tech Civil Engineering
5	Parveen Goi	B Tech Civil Engineering
6	Shephali Kapta	B Tech Civil Engineering Lateral Entry
7	Pankaj Rugta	B Tech Civil Engineering Lateral Entry
8	Vinay Kumar	B Tech Civil Engineering Lateral Entry
9	Mohit Suryan	B Tech Civil Engineering Lateral Entry
10	Aditya Sharma	B Tech Civil Engineering
11	Ravikant	B Tech Civil Engineering
12	Sethrongli Thonger	B Tech Civil Engineering
13	Shourya Sharma	B Tech Civil Engineering
14	saurav Thakur	B Tech Civil Engineering
15	Tsajungli	B Tech Civil Engineering
16	Abhinay Thakur	B Tech Civil Engineering
17	Mohd Shariq Bhat	B Tech Civil Engineering
18	sunil sharma	B Tech Civil Engineering
19	pankaj thakur	B Tech Civil Engineering
20	arti sharma	B Tech Civil Engineering
21	mohit dogra	B Tech Civil Engineering
22	Punit Sharma	B Tech Civil Engineering

23	Sidharth Negi	B Tech Civil Engineering
24	Vishal	B Tech Civil Engineering
25	Pankaj Rana	B Tech Civil Engineering Lateral Entry
26	Rishubh Suppehiya	B Tech Civil Engineering Lateral Entry
27	Avinash Thakur	B Tech Civil Engineering Lateral Entry
28	Abhishek Negi	B Tech Civil Engineering Lateral Entry
29	Chirag Bhardwaj	B Tech Civil Engineering Lateral Entry
30	Puspalal Chapagai	B Tech Civil Engineering Lateral Entry
31	Nikhil Thakur	B Tech Civil Engineering Lateral Entry
32	Pasang Dorji	B Tech Civil Engineering Lateral Entry
33	Bikram Chhetri	B Tech Civil Engineering Lateral Entry
34	Chetan Chauhan	B Tech Civil Engineering Lateral Entry
35	Dinesh Kashyap	B Tech Civil Engineering Lateral Entry
36	Raj Kumar	B Tech Civil Engineering Lateral Entry
37	Manjeet	B Tech Civil Engineering Lateral Entry

38	Anish Chauhan	B Tech Civil Engineering Lateral Entry
39	Ashish Zinta	B Tech Civil Engineering Lateral Entry
40	Akshit Tanwar	B Tech Civil Engineering Lateral Entry
41	Vikash	B Tech Civil Engineering Lateral Entry
42	Kinzang	B Tech Civil Engineering Lateral Entry
43	Makides	B Tech Civil Engineering Lateral Entry
44	Gulshan Gautam	B Tech Civil Engineering
45	mehraj	B Tech Civil Engineering
46	Gopichand nameirakpam	B Tech Civil Engineering
47	Naman Sharma	B Tech Civil Engineering
48	Aniket Bragta	B Tech Civil Engineering
49	Ritish Rana	B Tech Civil Engineering
50	Niran Gurung	B Tech Civil Engineering
51	Pungjun Mara	B Tech Civil Engineering
52	Prashant Kumar	B Tech Civil Engineering Lateral Entry
53	Ashok Pundir	B Tech Civil Engineering Lateral Entry
54	Pankaj Kumar	B Tech Civil Engineering Lateral Entry

55	Himanshu Verma	B Tech Civil Engineering Lateral Entry
56	Vivek Joshi	B Tech Civil Engineering Lateral Entry
57	Dixant Vardhan	B Tech Civil Engineering Lateral Entry
58	Phurba Wangdi	B Tech Civil Engineering Lateral Entry
59	Namgay	B Tech Civil Engineering Lateral Entry
60	Lavish Khimta	B Tech Civil Engineering Lateral Entry
61	Shubham Kashyap	B Tech Civil Engineering Lateral Entry
62	Snehanjali Panicker	B Tech Civil Engineering
63	Ritesh Kumar	B Tech Civil Engineering
64	Mayank	B Tech Civil Engineering
65	Rohan	B Tech Civil Engineering
66	Tanuj Thakur	B Tech Civil Engineering
67	Sheetal Panwar	B Tech Civil Engineering
68	Mayank Mishra	B Tech ME
69	Jai Thakur	B Tech ME
70	Ankit Raj	B Tech ME
71	Puneet Bhardwaj	B Tech ME
72	Sahil Kumar	B Tech ME
73	Akhil Mehta	B Tech ME
74	Ketan Sharma	B Tech ME
75	Nikhil Sharma	B Tech ME
76	Munish Chouhan	B Tech ME
77	Sourabh Dhiman	B Tech ME
78	Mukesh Kumar	B Tech ME

79	Nitish Kumar	B Tech ME
80	Sadhana Minj	B Tech ME Lateral Entry
81	Himani Bhatti	B Tech ME Lateral Entry
82	Shivani Sharma	B Tech ME Lateral Entry
83	Pradipta Baral	B Tech ME Lateral Entry
84	A.Deva Santhana Divyan	B Tech ME Lateral Entry
85	Navendu Nanda	B Tech ME Lateral Entry
86	G. naveen kumar	B Tech ME Lateral Entry
87	Sangram Pattnaik	B Tech ME Lateral Entry
88	Mittana Vinay	B Tech ME Lateral Entry
89	Hitesh	B Tech ME Lateral Entry
90	Shashi	B Tech ME Lateral Entry
91	Nikhil Sharma	B Tech ME Lateral Entry
92	Saurabh Sharma	B Tech ME Lateral Entry
93	Amitosh Kumar	B Tech ME
94	Sumit	B Tech ME
95	Saurav Chauhan	B Tech ME
96	Yadhuveer Singh Thakur	B Tech ME
97	Saikat Ghosh	B Tech ME
98	Arshdeep Singh	B Tech ME
99	Raj Kumar Sharma	B Tech ME
100	Prashant Katuwal	B Tech ME
101	Akash	B Tech ME
102	Chandra Shekhar Aazad	B Tech ME
103	Jatin Shandilya	B Tech ME
104	Vivek Thakur	B Tech ME
105	Abhishek Rathore	B Tech ME

106	Vivek Kumar	B Tech ME Lateral Entry
107	Nikhil Sharma	B Tech ME Lateral Entry
108	Rohit Kumar	B Tech ME Lateral Entry
109	Shubham Prakash	B Tech ME Lateral Entry
110	Satyam Singh	B Tech ME Lateral Entry
111	Ritik Sharma	B Tech ME
112	Akarsh Sharma	B Tech ME
113	Amit	B Tech ME
114	Ashish Choudhary	B Tech ME
115	Ritik Thakur	B Tech ME
116	Aishwary Kapoor	B Tech ME
117	Himanshu Sharma	B Tech ME
118	Mohit Tanwar	B Tech ME
119	Aman Verma	B Tech ME
120	Avi Kant Sharma	B Tech ME
121	Ritika Rana	B Tech ME
122	Abinesh Raj VM	B Tech ME
123	Ishu Chauhan	B Tech ME
124	Samridh Sandal	B Tech ME
125	Muskan Kaur	B Tech ME
126	Nirmal Negi	B Tech ME
127	Abhishek Chauhan	B Tech ME


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