

Date: 19-20 December, 2022

SPRINT 258 for UGFMS 1st Semester on Communication Skills

Agenda - SPRINT- 258, UGFMS 1st Semester, No. of Students: 197, Venue: RTH										
Date & Time	9:30-9:45	9:45-10:00	10:00 - 11:30	11:30-11:45	11:45 - 13:00	13:00 - 14:00	14:00 - 14:45	14:45 - 15:30	15:30 - 15:45	15:45 - 17:00
19th Dec, 2022	Attendance	Welcome Address and Context Setting by Dean – Dr. Kuldeep Rojhe	Session on Overview of Communication with focus on Verbal- Mr. Shard	Break	Session on Communication through Storyboards – Mr. Joshua Kanwar, CEO Bridge Adcomm	Lunch	Session on Body Language (NVC) - Dr Prachi Kapil	Session on Body Language - Dr Subodh Saurabh	Break	Crossing the Border Activity – Mr. Kapil Sharma
20th Dec, 2022	Attendance	Session on MBTI and communication styles – Dr. Ashoo Khosla		Break	Session on Future of Communication- Prof Atul Khosla	Lunch	Activity on Communication – Mr. Kapil Sharma		Break	Team Presentations + Closure and Take Away's

SPRINT 258 was conducted for the 197 students of UGFMS 1st Semester on “*Communication Skills*” from 19-20th of December 2022. The day started off with a warm welcome, addressed by Dr Kuldeep Rojhe followed by an *Overview of Communication* by Mr. Shard and a session on “*Communication through Storyboards*” by Mr. Joshua Kanwar. Afternoon session on “*Non-Verbal Communication*” was taken by Dr. Prachi Kapil followed by session on “*Body Language*” by Dr. Subodh Saurabh. In the evening, students participated in “*Team Building Activity- crossing the border*” conducted by Mr. Kapil Sharma where all team members had to do something unique to come out of their comfort zones and the day ended with some students sharing their overcoming stage fear experiences. The next day started with “*Session on MBTI and Communication styles*” by Dr. Ashoo Khosla and followed by the session on “*Future Communication*” by Prof. Atul Khosla. The evening session constituted of “*Communication Activity*” by Mr. Kapil Sharma & SPRINT Team wherein students were divided into groups and asked to draw a picture without looking at the picture, focusing on active listening and effective speaking. after which *Reflections and Felicitations* closed the session.


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Student Participation: 189

Organised By: Sprint Team

Impact:

- Learning how to work with each other and get along well in team.
- Understanding the Importance of Body Language.
- Improved Problem-Solving Skills
- Increased Confidence
- Improved Communication Skills
- Better Team Collaboration
- Enhanced Presentation Skill
- Improved Interpersonal Communication

Some Glimpses of the SPRINT Program



Session on Future of Communication- Prof Atul Khosla

UGFMSLA 1st Semester 19th & 20th Dec,2022		
(No. of Students = 197)_RTH		
Sr. No.	Student Name	Registration Number
1	Gunjan Chauhan	GF202213778

2	Archana Bachhal	GF202218479
3	Isha Batola	GF202219673
4	Rahul Thakur	GF202216687
5	Aryan Thakur	GF202214471
6	Tanish	GF202219868
7	Aryan Thalaik	GF202219548
8	Kartik Sharma	GF202216919
9	Tanishk singh	GF202217175
10	Aryant Kushwah	GF202219540
11	Parampreet Singh Sethi	GF202214661
12	Akriti Sharma	GF202215319
13	YASH kumawat	GF202214939
14	Meya	GF202219922
15	Prachi	GF202216597
16	Umrah Zohair	GF202220339
17	Vanshika Kaith	GF202214472
18	Kunal Gupta	GF202218469
19	Nikhil Thakur	GF202220423
20	Nancy Sharma	GF202215826
21	Vanshika Thakur	GF202215034
22	Anshul	GF202219750
23	Shivam Ludhiarich	GF202219528
24	Vanshika Thakur	GF202217164
25	Akash Kumar Singh	GF202213860
26	Kashish Negi	GF202219675
27	Diya	GF202214305
28	vedansh sharma	GF202216332
29	AYUSH Bahuguna	GF202214902
30	Kur Bona	IN/2022/1195
31	Parth yadav	GF202215874
32	Ayush Goel	GF202215289
33	Mayank Mahawar	GF202219018
34	Shweta Thakur	GF202221040
35	Prakash Kumar Kushwaha	GF202214565

36	Samarth	GF202215959
37	A Pawan Kalyan	GF202220310
38	Ayush Thakur	GF202214420
39	Shreya Mishra	GF202216983
40	Nandani Kumari	GF202215531
41	Akhilesh Vardhan	GF202219617
42	Aditya kumar	GF202215968
43	Tushar verma	GF202215658
44	Yadav Saurav Sanjay	GF202215899
45	Hridayesh Chugh	GF202221004
46	Chetna Singh	GF202216770
47	Vanshika Sood	GF202214896
48	Shaurya Gupta	GF202218135
49	Diven Bhardwaj	GF202215307
50	Rachit Thakur	GF202218600
51	Manya chawla Chawla	GF202216867
52	Sahil	GF202220670
53	Sidhansh Jain	GF202214309
54	Himanshu Chandel	GF202216097
55	yuvraj khatri	GF202218389
56	Dikshit Kumar	GF202219955
57	ARCHITA KANWAR	GF202216730
58	Ankita Thakur	GF202218577
59	Aabha jain	GF202215312
60	Wet Mario	IN/2022/1171
61	Khushi Sharma	GF202215306
62	Saiyam Aggrawal	GF202216928
63	Piyush Bansal	GF202218964
64	Palak Raghuwanshi	GF202215846
65	Youval Sharma	GF202217854
66	Antrisha Cchauhan	GF202214725
67	Aman	GF202216611
68	Rohit Kumar Singh	GF202214408
69	Diya gupta	GF202216798

70	Anush Sood	GF202218244
71	Anuj Singh	GF202220207
72	Akash Singh	GF202216624
73	Ranu Yadav	GF202218740
74	Kouame Emmanuel Vital	IN/2022/1005
75	Prachi Saini	GF202215673
76	Amit kumar	GF202217896
77	Mridul sharma	GF202215685
78	Earick	GF202219416
79	Diya kumari	GF202217221
80	Aryan Kaushik	GF202220252
81	Kunal	GF202217687
82	Tamar Mara	GF202218316
83	Anand Mohan Chaubey	GF202213464
84	Sarthak Thakur	GF202215935
85	Shruti kumari	GF202217797
86	Ahaan	GF202220646
87	Anchal Thakur	GF202217576
88	Rishabh Thakur	GF202219863
89	Aman kumar	GF202214848
90	Ayush	GF202214929
91	Akhil Kapoor	GF202218662
92	Nitin Thakur	GF202217112
93	Varishty	GF202218979
94	Priyanshi Sharma	GF202218032
95	Varun Sharma	GF202220242
96	Adarsh Ghasta	GF202218535
97	Parth Panwar	GF202218498
98	Keshav porwal	GF202215148
99	Naina Singla	GF202217570
100	Krishna jadaun	GF202218345
101	Kausar Ali Selani	GF202220872
102	Bhumika Vashistha	GF202215698
103	Deepa Prasad	GF202219877

104	Piyush Mishra	GF202215110
105	Aryan Verma	GF202218851
106	Shalu Singh	IN/2022/1051
107	Anshul Kumar	GF202216954
108	Aayush Jindal	GF202219426
109	Samriddhi Dixit	GF202220973
110	Anmol	GF202221011
111	Sakshi kumari	GF202217678
112	Asmit Bangotra	GF202219636
113	Piyush Gautam	GF202215076
114	Sidhi	GF202216266
115	Aashika Gupta	GF202218999
116	Krishika Chauhan	GF202220624
117	Aryan	GF202218310
118	Mahek Singh	GF202219640
119	Nishant Singh Rathore	GF202214696
120	Aryan	GF202214537
121	Yashita	GF202218062
122	Shagun	GF202215795
123	Sangey Dolma	GF202218111
124	Paurush Chahar	GF202110320
125	Arjun	GF202213912
126	Niraj sharma	GF202218306
127	GUR MEHAK	GF202220535
128	Ayush	GF202216193
129	Parth Bhimta	GF202216807
130	Vandana Thakur	GF202218812
131	Achintya kumar	GF202217997
132	Ayush Gupta	GF202219267
133	SUMIR	GF202214493
134	Himanshu Kapoor	GF202215746
135	Priyanshu Dwivedi	GF202213915
136	Nipun	GF202218462
137	Anshuman negi	GF202217602

138	Ritik Chuahan	GF202219522
139	Vikash Thakur	GF202214765
140	Tenzin Lodoe	GF202214137
141	Archan Sharma	GF202215140
142	Palak	GF202220525
143	Ritika Sah	GF202214578
144	Naveen Jassal	GF202216182
145	Awaran Thakur	GF202219248
146	Kartikey Singh Pathania	GF202221050
147	Kumar Satyam	GF202220148
148	Raghav garg	GF202214841
149	Sushant Singh Rahtore	GF202218901
150	Prajwal	GF202214631
151	Rohan	GF202219332
152	Rahul	GF202216457
153	Priyanshu Sood	GF202218847
154	Triveni Nimje	GF202215282
155	Shekhar Rawat	GF202219622
156	Kashish chandel	GF202218869
157	Muskan bhardwaj	GF202215350
158	Areeb Aftab	GF202216140
159	Aditi Mehta	GF202216918
160	Rajveer shashank	GF202214716
161	Bharat Bidla	GF202213994
162	Dhruv Rai	GF202220865
163	Devesh Pande	GF202214991
164	Aditya Agrawal	GF202218919
165	Rohit	GF202214630
166	Anshul Garg	GF202219429
167	Ishita Badhan	GF202218285
168	Tanishka	GF202219722
169	Kartik Justa	GF202214978
170	Kashif	GF202220532
171	Apurva Misal	GF202218514

172	Divya Mengi	GF202217692
173	Anmol Singh Thakur	GF202216646
174	Ritik Thakur	GF202217683
175	Abhinandan	GF202219547
176	Mahparah Jahan	GF202215072
177	Teja Miriyala	GF202215032
178	Tushar	GF202215204
179	Anand Prakash	GF202217592
180	Chhavi singla	GF202215154
181	Rudra	GF202219276
182	Sahil Thakur	GF202217808
183	Subhash Kumar	GF202219648
184	GEETA	GF202217327
185	Swarnim Suprakash	GF202214702
186	Kavya Choudhary	GF202217753
187	Tushar Negi	GF202219223
188	Anuradha	GF202216053
189	Harshave Thakur	GF202218265


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