

**August 08, 2022**

### **Manav Mandir Visit on “Happiness Happens Day”**

On August 08, 2022, which is also celebrated as “Happiness Happens Day” The day encourages happiness all day. Recognize every moment of glee, joy, delight, and pleasure. Don’t let it pass. Most importantly, a flicker of a giggle should be given its due, and should it blossom into full-blown happiness, don’t be surprised. It happens! The Secret Society of Happy People is an organization that was founded in August of 1998 and formed to celebrate the expression of happiness. The society encourages members to recognize their happy moments and think about happiness in their daily life. They have two motto’s which include “Happiness Happens” and “Don’t Even Think of Raining on My Parade.” Their purpose is to stimulate people’s right to express their happiness.

On the evening of August 08, 2022, volunteers from Shoolini University went to Manav Mandir with an idea to spread happiness. A group of 18 volunteers took some gifts with them. The team of volunteers was a mix of some talents such as singing, dancing, comedy and tattoo making. The evening started with an introduction of Shoolini University by Asavri in front of the Muscular dystrophy warriors and their guardians. After this, volunteers Yogi and Nihit started the singing session followed by patriotic and Bollywood song singing by volunteer Diya. Following this, “Guess the Riddle” game was conducted by volunteers Brijnandan & Shreya which all the participants found very interesting. After this volunteer Sneha Majumdar did tattoo making for the interested children and people. A number game named as “Tambola” was also played for which winners were given prizes. Following this, volunteers Sibiraj and Jiya narrated the story “Tale of Hope”. After this, Manav Mandir Co-founder Mr. Vipul Goyal sang a song and thanked Shoolini volunteers for their continuous contribution to muscular dystrophy centre. At the end of the activity the refreshments were served.

**Total number of students participated: - 18**



**Nittan and Asavri setting the context for cultural evening at Manav Mandir**



**Nihit & Yogi presenting some entertaining songs**



**Volunteer Diya presenting patriotic and Bollywood songs**



**A volunteer sharing her experiences with muscular dystrophy warriors at IAMD**