

**August 30, 2021**

### **Doctors Meeting with Girls at Girls' Hostel**

Sirona Hygiene Private Limited had two of the doctors Dr. Diksha Chaddha and Dr. Arushi to speak to our students virtually from Delhi about women hygiene and the special focus was menstrual hygiene. Both the doctors had an extremely interactive session with the students and answered all their queries. The students had lots of doubts around menstrual hygiene which were all resolved by the doctors and the doctors also showed them some new age products that one can switch over to, to avoid complications and infections. Sirona Hygiene manufactures various many women hygiene products like menstrual cups sanitary napkin that are eco-friendly. Also, different intimate washes and scrubs etc. The students were extremely happy and positive with the interaction because the doctors explained each and every thing that the students had on their minds. In the end many free samples were distributed among students so that they use the hygiene products and realize that switching over to these kinds of products not only good for their health and hygiene but is also good for environment.

**Number of students participated: - 27**



**Mrs. Poonam Nanda welcomes Dr. Diksha Chaddha and Dr. Arushi to the talk**



**Dr. Arushi explaining to the girls the functions of female body**



**Girls from Girls Hostel listening to the talk at Cineplex**

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