

# **SCHOOL OF ANCIENT INDIAN WISDOM & YOGIC STUDIES**

**In-house Meeting held on 07 October 2023**

**Attendees:** Dr. Mala Tripathi, Dr. Diwakar Sharma, Ms. Divya Matlani, Mr. Satish, Ms. Rama Mishra

**Minute keeper:** Ms. Suman Rawat

**Presenter:** Mr. Apar Kaushik

**Signatory:** Dr. Subodh Saurabh Singh, HoS

**Chair:** Director, Prof. Saamdu Chetri

## **Staff Recruitment**

- a) Specialized subject teacher required (Naturopathy and Ayurveda missing).
- b) Recruitment of Ms. Suman Rawat and one more AP.

## **To add to the existing courses**

- a) The Life story of Paramahansa Yogananda and Human Values in 1<sup>st</sup> year of UG
- b) Samkhya Darshan to be included in Master level in the new syllabi

## **Facilities and Enhancement**

- a) **Establish Detoxification Labs, Trataka rooms, and well-equipped yoga practical spaces**, along with necessary yoga equipment, to support holistic learning.
- b) **Reconsider adding Psychology and Ayurveda as a subject** in the yoga course, broadening students' knowledge base (previously it was a part of).
- c) **Need for administrative support** for departmental operations.
- d) Need to prepare for the upcoming 7-day workshop on Mindfulness from 30<sup>th</sup> Oct, 2023:
  - Need to make ready certificates (Responsible: Mr. Apar Kaushik)
  - Logistics (Responsible: Mr. Apar Kaushik)
  - Arrangements of Tea (Responsible: Ms. Suman Rawat)

  
Signature

Director, School of Ancient Indian Wisdom & Yogic Studies