



FOUNDATION FOR A DRUG-FREE WORLD, INDIA

June 1, 2019

To,
Poonam Nanda
Student Counsellor
Shoolini University
Solan

Dear Poonam ji,

As you know our organization, Foundation for A Drug-Free World India, is a 100% volunteer-run, non-profit trust doing a variety of activities across the country to spread the Truth About Drugs among the youth and children. Our free Truth About Drugs prevention resources exist for a range of activities directed at all individuals and groups from every social strata, individual who require facts in popular media formats to support their efforts to keep themselves and others drug-free. These individuals and groups require a quality and integrity of packaged information that steels people, young and old, against the multitude of false data and outright lies that open the door to drug dependence and it's life-threatening consequences.

With the support of over 700 selfless and motivated volunteers we have directly touched over six lakh lives. We have grown from strength to strength with groups and alliances across the length and breath of India. We all believe that the pervasive drug-culture has almost entirely overtaken and perverted the cultures of our heritage-rich country. This is because the youth are not given the facts and they fall prey to all the false data they get from the dealers, media, and uninformed friends.

Like the teaching of Computers, Health and Hygiene as extracurricular subjects in schools has brought about a change for the better, similarly educating students on the facts about drugs will reverse the destructive impact of the wide spread pandemic.

I am grateful to you and Shoolini University for giving us opportunities to reach vulnerable children and help resolve the confusion they felt when they observe the devastating results of alcohol and drug abuse and compare those with the glamorization of the same in the society. *Avi Vatsa* and *William Tucker* delivered *Truth About Drugs* interactive talks to 4 different schools in Solan and all the participants took pledges to remain drug-free. In addition to that Shoolini volunteers were trained to deliver the same. The following months saw various events that the trained volunteers conducted to spread our message of hope. Your initiative and activities are much needed and appreciated.

Ours is a social cause, which belongs to each and every citizen, every group and agency in India. We thank you for your partnership in making India Drug-free. It's a pleasure working with you.

With regards,

Sincerely,

Vasu Yajnik-Setia
Executive Director
Foundation for A Drug-Free World, India
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Our aim is to reach children before dealers do!

National Health Education Standards

"National Health Education Standards offer a coherent vision of what it means to be health literate. These Standards describe the knowledge and skills essential to the development of health literacy. That "knowledge" includes the most important and enduring ideas, issues, and concepts related to achieving good health. Those "skills" include the ways of communicating, reasoning, and investigating which characterize a health-literate person. National Standards are not a federal mandate nor do they define a national curriculum. The Standards are intended to serve as a framework for organizing health knowledge and skills into curricula at the state and local levels."